

SHAPE-Utah

Society of Health and Physical Educators

In this Issue

- Board Highlight
- ShapeUT Conference 2024
- Teacher of Year Nomination Form and Rubric
- Keynote Speaker Booked!
- Symposium Speakers Booked!

Board Highlight



I graduated from Utah Valley University and started teaching Health and PE classes in 2010. Some other hats I have put on along with teaching are drill team coach, student council advisor, curriculum specialist, state content creator, and SHAPE board member.

I am passionate about being an educator to students for several reasons. First and foremost, I believe that empowering young minds with knowledge about their health is a critical step in fostering a healthier, happier future generation. I believe every class period should be a good time where students can feel connected!

It is a pleasure teaching in our beUTAHful state alongside so many other great educators!

McKenzie Stowell - VP of Health

Annual Conference is coming!

March 4, 2024

Salt Lake Community College
4600 S Redwood Rd, Salt Lake City, UT 84123
Registration coming soon

*Envisioning Tomorrow. Engaging Today.
Essentials for Teaching your Students.*

SAVE

SHAPE UT
ANNUAL
CONFERENCE

MARCH
4

THE

DATE

Salt Lake
Community
College

SHAPE-Utah
Society of Health and Physical Educators

NOMINATE A HEALTH OR PE TEACHER

Nomination Requirements

Instructional Planning:

Uses Utah Core Curriculum as a guide. Methodologies and research - based strategies allow students of all levels and ability to participate and prepare for a lifetime of physically active habits.

Learning Environment:

Support individual and collaborative learning, positive social interactions, and engagement.

Advocacy:

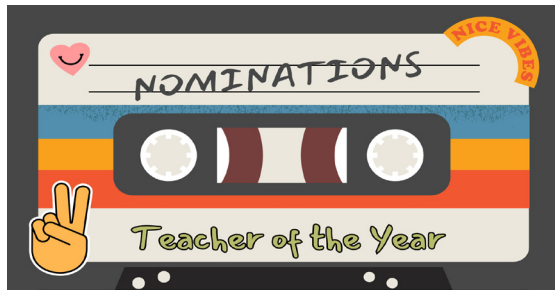
For the profession above and beyond the scope of employment. Volunteers, Presents learning opportunities or PD. Grant writing or leading in policy change etc.

Professional Conduct:

The teacher demonstrates the highest standard of legal, moral, and ethical conduct.

Assessment:

Designs multiple methods of assessment, reflects on student outcomes and uses a variety of data to reflect on instruction.



[Nominate YOURSELF](#)

[Nominate A COLLEAGUE](#)

2024 Conference Keynote Speaker

Corby Eason

Corby played Football at BYU and is a current Principal in Davis SD. Come hear his journey to Rise Up against substance abuse and tackling the mental health stigma.



**"Don't be a follower,
Be a Leader"**

2024 Conference Symposium Speakers

Dr. Tim Brusseau

University of Utah
Department of Health and Kinesiology

Physical activity and the benefits of sleep in mental health and classroom behavior.



Dr. Mandy Kirkham

Weber State University
Department of Exercise and Sports Science



Our mission is to promote and support high quality programs in health, physical education, recreation, dance and sports, and provide members with professional development opportunities that increase knowledge, improve skills, and encourage sound professional practice.